

## Mens' Retreat

## Buckfast Abbey 2016

Dark skies and heavy traffic en route to Buckfast heralded a weekend to be spent in warm surroundings and comfortable accommodation. Good food and pleasant company would I'm sure, make the effort worthwhile.

Rev. Tony Ingleby (Retired) led us in a study of the creed. He separated it into sections e.g. I believe in God, then The Father Almighty, ending with The Life Everlasting. Each section was prefaced by a poem then a small discourse. Discussion was lively, informative and thought provoking.



In many cases this reflected personal thoughts, life situations and our journeys along Gods path.

Sunday morning, we celebrated Holy Communion using Tony's poems, readings from the Bible and song. All of which followed our studies of the creed, and reflected Jesus' life, teachings and His sacrifice for us.

A lovely time spent in fellowship, friendship, laughter and serious thought, in God's presence and love.

Many thanks to all concerned and see you all being well next year: perhaps you'll join us too!

Tim Marshall