

## LUCY SALTER



As we continue to ask the question “Why am I a Christian” with [#SpeakOut2016](#) & the Diocese of Truro, it’s Lucy Salter’s turn to answer it.

“After being asked to contribute my thoughts on why I’m a Christian, I initially wondered whether I have anything worth sharing, seeing as I don’t have a dramatic conversion story. Nevertheless, here are my thoughts:

The reason I’m a Christian isn’t because I chose the easy, default option or because I was brought up in a family who taught me about Christianity, The bottom line is I’m a Christian because I think it’s true.

What convinced me, and keeps me convinced, are the gospels. When I read them they strike me as honest and real - that’s what it comes down to for me - were they true accounts of something that happened? And I believe they are.

Once I take that step of faith to say, 'Yes, I believe this is true' it then becomes a lot harder because that’s when you start to stand against popular opinion which can be quite a lonely place to be.

But after taking that decision, that stand, that’s when I have stepped into a relationship with Jesus and for me that is a very personal thing and I cling onto this relationship.

I hold onto Him when things seem so hopeless and dark and overwhelming in this world; when I see the injustice that breaks my heart; when I see people around me struggling and broken. For me, holding onto my faith, and my relationship with Jesus is holding onto hope and light, salvation and above all, love.

This verse from John 1:5 gives me such encouragement: "The light shines in the darkness and the darkness has not overcome it."